## **DISHES AND THEIR ALLERGEN CONTENT**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

DISHES						Lupin	Milk		MUSTARD			SESAM		Beer
WEEK ONE MAINS	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
MONDAY		X		X									X	X
TUESDAY		X					Χ							
WEDNESDAY		X					X							
THURSDAY		X		X								X	X	
FRIDAY	X	X												
MONDAY DESSERT		X					X							
TUESDAY DESSERT		X		X			X						X	
WEDNESDAY DESSERT		X												
THURSDAY DESSERT		X		X			X						X	
FRIDAY DESSERT		X		X			X						X	